



G O D ' S K I N G D O M V S . M A N ' S C U L T U R E

A R E Y O U

E M O T I O N A L L Y

R E A D Y F O R Y O U R D E S T I N Y ?



8 & 10 AM SERVICE



Bishop Joel &  
Pastor Ylawnda  
Peebles



WELCOME TO

**CITY** *of Praise*

FAMILY MINISTRIES

Are Your Emotions Ready For  
Your Destiny?

# **1. So much has been lost because of negative emotions**

- Eve - low self image caused her to open an uncontrollable appetite**
- Moses - allowed anger to abort his promise**
- Noah let his impulses lead him to alcoholism**
- King Saul struggled with jealousy because he constantly compared himself to others rather than his best version of himself.**

- **King David could not control his lust and ended up losing everything. His lust was learned by his children and became the seeds for incest and rape among his own children.**
- **King Solomon struggled with depression which caused him to follow false gods and go insane.**

**2. After SALVATION, Changing NEGATIVE EMOTIONS is the most rewarding change a person will ever experience.**

**Romans 12:1-2**

***1 - I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.***

***2 - And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.***

## **Psalm 51:5**

**5 - Behold, I was shapen in iniquity; and in sin did my mother conceive me.**

# The path to our emotions...

- **Observations produce thoughts.**
- **Thoughts produce feelings.**
- **Feelings produce emotions.**
- **Emotions produce decisions.**
- **Decisions produce success or regrets.**

## **GENESIS 37:3-4**

***Israel [Jacob] loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made a richly ornamented robe for him. When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him.***

# Observations produce thoughts.

*“Israel [Jacob] loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made a richly ornamented robe for him.”*

**Thoughts produce feelings.**  
**Feelings produce emotions.**

***When his brothers saw that their father loved him more than any of them, they hated him***

**Emotions produce decisions.**  
**Decisions produce success or regrets.**

***“...they hated him and could not speak a kind word to him.”***

**. 3. Breakthroughs in our emotional life begin by our self talk.**

**Romans 12:2 (AMP)**

***2 - And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes]***

**4. Practice saying what God says about you and not what the culture of your environment or your circumstances are saying to you.**

***Joshua 1:8 (MSG)***

***8 - And don't for a minute let this Book of The Revelation be out of mind. Ponder and meditate on it day and night, making sure you practice everything written in it. Then you'll get where you're going; then you'll succeed.***

**5. I am in control of what I'm saying to myself. I do not have to rehearse the negativity in my environment.**

**Psalm 37:4**

**4 - Delight thyself also in the LORD;  
and he shall give thee the desires of  
thine heart.**